## PRESCHOOL MARTIAL ARTS CLINIC

AGES 4 - 5 YEARS OLD

Has your little one shown an interest in martial arts but you're not sure if it is for them? If so, our FREE, four day clinic is for you! In conjunction with Integrity Martial Arts of Enfield, participants will explore the world of martial arts. This clinic is designed especially for preschoolers and kindergarteners. Participants will be introduced to the basics of martial arts, as well as character development topics. Participants should wear comfortable clothing and bring a water bottle. One parent/guardian is **REQUIRED** to attend the session with each participant. LIMIT 12.

## **TO REGISTER:**

Visit www.integritymartialarts.com

Choose your four classes between April 1 - May 31

Use the promo code "ENFIELDREC" at checkout

Registration Begins:
Friday, March 31st at 8:30 AM

Classes are held at Integrity Martial Arts, 585 Hazard Ave.



ENFIELD RECREATION | 124 NORTH MAPLE STREET 860.253.6420 | WWW.ENFIELD-CT.GOV/RECREATION

